

2019
MISSOURI FCCLA STATE LEADERSHIP CONFERENCE
“Back in Time, Back in Style”
CONFERENCE SCHEDULE- AS OF 3/6/19

SATURDAY, MARCH 16

Noon – 11:00 p.m. **2018-2019 and 2019-2020 State Executive Council Activities**

SUNDAY, MARCH 17

Noon – 8:00 p.m. **Conference Registration** (*Main Lobby*)

Noon – 7:30 p.m. **T-shirt Pick-up** (74)

Noon – 4:00 p.m. **STAR Events Registration - Advisers Only** (*Main Lobby*)

12:30- 1:00 p.m. **Usher’s Briefing for Regional Presidents, Regional 1st VPs and Advisers** (*Parasol I*)

1:00 – 4:30 p.m. **2019-2020 Regional Officer Training** (*Parasol I*)
All regional officers are expected to attend this training.

1:00 – 2:00 p.m. **Advisers to 2019-2020 Regional Presidents and 1st VP Q&A Session** (60/61)

3:00 – 4:30 p.m. **Media Team Member Training** (*Dogwood*)

3:00 - 4:00 p.m. **Orientation for STAR Events Lead Consultants** (62/63/64)

4:15 - 5:00 p.m. **STAR Events Participants Q&A (optional)** (62/63/64)

5:30 – 6:45 p.m. **Dinner for State Executive Councils, Families, Administrators and Invited Guests** (*Crystal Ballroom*)

6:30 – 7:30 p.m. **FCCLA Store** (74)
Thanks to the Missouri Educators of Family and Consumer Sciences (MoEFACS) members for managing the store. Be sure to stop by and participate in the scholarship basket raffle

7:00 p.m. **Doors open for general session**

7:30 – 9:30 p.m. **Opening General Session**

Color Guard provided by Mid-Missouri Army Recruiting Battalion

Keynote: Fabian Ramirez

Immediately following the Opening General Session
“Advisers Retreat” Hospitality Room for Advisers Only

11:30 p.m. **Curfew** – Lights out and everyone quiet

MONDAY, MARCH 18

- 8:00 a.m. – Noon **Conference Registration**
- 8:00 a.m. – 4:30 p.m. **FCCLA Store**
- 8:00 a.m. – 5:00 p.m. **STAR Events Activities**
Participants please check the assigned schedules that advisers received at STAR Events Registration. Please see the hotel atrium lobby for posted schedules of all events on Monday. STAR Events are not open for spectators. STAR Events room assignments are posted in the main hotel lobby the day of competition.
- 8:30 a.m. – 2:00 p.m. **Exhibits**
Come visit with a variety of fundraising companies, colleges/universities, and other partners. A complete list of exhibitors can be found in the conference app.
- Ultimate Leadership Sessions**
The following sessions are open to those not involved in STAR Events. Session hosts have been asked to close room doors when seating capacity has been reached. Please be courteous to the hosts, other conference delegates and the presenters. All cell phones are to be put on “silent” or turned off. Please remain for the entire session.
- 8:30 – 9:30 a.m. **Leadership Session #1 (60/61)**
“How to be a State Officer”
Come and learn what it takes to be the Ultimate Leader! Learn the basics on how to be an officer at any level.
Seth Cupp, Missouri FCCLA VP of Membership
- Leadership Session #2 (70/71/72/73)**
“Legislative Shadowing”
Members will learn about the Missouri FCCLA Legislative Shadowing program including how to apply, expectations, and hear personal stories from participants
Zac Acheson, State VP of STAR Events and Maycie Mayfield, State VP of Development
- Leadership Session #3 (75/76/77)**
“Navigating the Health Care System-Adolescent Health Literacy”
This workshop will introduce information on how to start navigating the health care system by learning common terms used, different providers, family medical history, what to do before/during/after appointments, and much more.
Alexis Jose, Adolescent Health Educator, and Cera Lusher, Health Program Representative, Department of Health and Senior Services
- 10:00 – 11:00 a.m. **Leadership Session #4 (60/61)**
“Army Leadership and Evaluation Process”
What does the Army expect from its leaders? Come learn about Army leadership attributes and competencies.
Captain Matthew Poole, MID Missouri Recruiting Commander, Fort Leonard Wood
- Leadership Session #5 (70/71/72/73)**
“FCCLA Virtual Business Challenge”
Come learn more about the FCCCLA Virtual Business Challenge and how you can compete
Luc Bronaugh and Jacob Queathem, students, Montgomery County HS FCCLA

Leadership Session #6 (75/76/77)

“Campaign for Tobacco Free Kids”

Learn the basics about tobacco, including the dangers of cigarette smoking and other tobacco use; the many types of tobacco products and how they are marketed; and the proven solutions that can win the fight against tobacco.

Myranda McVay, State President and Kennedy Galanakis, State VP of Community Service

11:30 a.m. – 12:30 p.m.

Leadership Session #7 (60/61)

“25 Truths: Life Principles of the Happiest and Most Successful Among Us”

The importance of character and values in living a fulfilling life

Ed Douglas, Owner, Ed Douglas CFP Firm/Consulting, Livingston County Presiding Commissioner, Chillicothe

Leadership Session #8 (70/71/72/73)

“FCCLA Virtual Business Challenge”

Come learn more about the FCCCLA Virtual Business Challenge and how you can compete

Luc Bronaugh and Jacob Queathem, students, Montgomery County HS FCCLA

Leadership Session #9 (75/76/77)

“Taking Down Tobacco-An Evidence-based Youth Tobacco Control Advocacy Program Funding Opportunity”

Is vaping or tobacco use in your school a problem? During this session, participants will learn about one chapter’s experience with implementing the Taking Down Tobacco Program in their school, through a collaborative effort with the Department of Health and Senior Services Comprehensive Tobacco Control Program. Learn how our chapter can take advantage of this funding opportunity to implement Taking Down Tobacco in your school next year.

Joyce Lara, Youth Program Specialist, Department of Health and Senior Services

1:00 – 2:00 p.m.

Leadership Session #10 (60/61)

“Making a Million with only \$2000”

The importance of saving and the power of compound interest

Ed Douglas, Owner, Ed Douglas CFP Firm/Consulting, Livingston County Presiding Commissioner, Chillicothe

Leadership Session #11 (70/71/72/73)

“M&M’s: Membership & Meetings”

Attendees will gain strategies for member recruitment, retention and tips for organizing and running a successful chapter meeting.

Kayla Steiger, Marie Bethel, and Grace Thomure, chapter officers, Ste. Genevieve HS FCCLA

Leadership Session #12 (75/76/77)

“Vaping, it’s Just Water Vapor Right?”

Electronic cigarettes (e-cigarettes)/vape products are safe, right? After all, it’s just water vapor. During this session, attendees will participate in the CATCH My Breathe interactive session where they will receive crucial information about e-cigarettes so that they can make informed choices. Participants will also learn how they can implement the CATCH program in their school

Joyce Lara, Youth Program Specialist, Department of Health and Senior Services

2:30– 3:30 p.m.

Leadership Session #13 (60/61)

“Teen Talk: How to Address Mental Health in Your School”

Have you ever wondered how to provide student support in your school? Learn how our school worked with a local counseling agency to provide monthly meetings for students to address such issues as depression, family issues, dependency, and coping skills

Heidi Edwards, Adviser, Kari Russell and Max Quinn, students, Macon FCCLA

Leadership Session #14 (70/71/72/73)

“M&M’s: Membership & Meetings”

Attendees will gain strategies for member recruitment, retention and tips for organizing and running a successful chapter meeting.

Kayla Steiger, Marie Bethel, and Grace Thomure, chapter officers, Ste. Genevieve HS FCCLA

- 11:00 a.m. – 1:30 p.m. **Lunch Buffet • Nametag is Lunch Ticket**
- 2:00 – 2:30 p.m. **Regional Roll Call Practice (Salon B/C)**
All 2019-2020 Regional Presidents must attend.
- 4:00 – 5:00 p.m. **Missouri Alumni & Associates Reception and Meeting for Graduating Seniors and Members (75-77)**
All graduating seniors are encouraged to attend.
- 5:30 – 6:30 p.m. **MEET THE CANDIDATES (Salon B/C)**
All voting delegates must attend this session to be eligible to cast ballots for officers and proposed bylaws amendments. Voting delegates must wear their ribbons and nametags to this session. Voting delegates must be seated by 5:35 p.m., when the doors to the room will close, and no latecomers will be allowed. No spectators allowed.
- 6:30 – 7:15 p.m. **Voting by Voting Delegates (60/61)**
- 7:00 – 8:00 p.m. **FCCLA Store (74)**
- 8:00 – 10:30 p.m. **Business, Membership and Program Recognition Session (Grand Ballroom)**
- Scholarship Raffle drawn between session and entertainment. Must be present to win
- Entertainment: Terry Magelssen, Magician
- 11:30 p.m. **Curfew** – Lights out and everyone quiet

TUESDAY, MARCH 19

DRESS CODE: The official state leadership conference t-shirt may be worn with black dress slacks or khaki pants — NOT blue jeans — instead of the polo or oxford shirt on Tuesday.

- 8:00 – 10:00 a.m. **FCCLA Store**
- 8:00 – 9:00 a.m. **Regional Executive Council Meetings**
Chapters that do not have a regional officer shall have one representative to the Regional Executive Council Meetings (State Bylaws Article V, Section 6B). Space is limited to regional officers, advisers and representatives.
- | | |
|------------------------------|-----------------------|
| <i>Region 1 (60)</i> | <i>Region 8 (70)</i> |
| <i>Region 2 (Parasol II)</i> | <i>Region 9 (71)</i> |
| <i>Region 3 (Redbud)</i> | <i>Region 10 (72)</i> |
| <i>Region 4 (61)</i> | <i>Region 11 (73)</i> |
| <i>Region 5 (62)</i> | <i>Region 12 (75)</i> |
| <i>Region 6 (63)</i> | <i>Region 13 (76)</i> |
| <i>Region 7 (64)</i> | <i>Region 14 (77)</i> |
- 9:00 a.m. **STAR Events Participants Seating for Recognition Session (Grand Ballroom)**
- 9:30 – 10:30 a.m. **STAR Events Recognition Session (Grand Ballroom)**
- 9:30 – 10:30 a.m. **Icebreakers and More (Grand Ballroom)**
Interactive session filled with icebreakers and team building activities that you can use in your own chapters.
Joyce Lara and Alexis Jose, Youth Specialists, Department of Health and Senior Services, Jefferson City
- 11:00 a.m. – noon **Closing General Session and Installation (Grand Ballroom)**
- 10:00 – 11:00 a.m. **STAR Events Photos (61)**
Noon- 1:00 p.m. *All STAR Events participants are encouraged to take pictures to submit to their local newspapers. Special signs are available to use to help make the pictures you submit easily recognized as FCCLA. Bring your camera.*
- Noon – 12:30 p.m. **Meeting of 2019 National Leadership Conference Delegates (Grand Ballroom)**
All national leadership meeting delegates including National STAR Events participants meet to review required deadlines, travel and other important information for the National Leadership Conference in Anaheim, CA.
- Noon – 12:45 p.m. **Pick Up Chapter Packets and STAR Event Trophies (Main Lobby)**