

## Standard 15.0

# Parenting

*Evaluate the impact of parenting roles and responsibilities on strengthening the well being of individuals and families.*

### **Members might...**

Set up a panel of parents with children of various ages to talk about how they integrate work and life. Include adults who represent a variety of career and lifestyle options—two-income couples, single parents, entrepreneurs, stay-at-home parents, etc. Work together to extend invitations, confirm arrangements, prepare questions, publicize, emcee the panel, and send thank-you letters to the panelists. Ask the local newspaper to cover the presentation. (Career Connection)

Sponsor a panel of teen parents discussing the challenges of parenting and how their lives and their children's lives would be different if they had postponed parenthood. Raise funds to purchase Baby Think It Over® dolls and other pregnancy prevention teaching resources. (Community Service)

Choose a parenting-related issue of personal concern. Research the topic. Create a five-minute talk to persuade other youth to choose positive actions to address the issue. Give the talk in a Family and Consumer Sciences class. (Dynamic Leadership)

Encourage parents to use wise passenger safety procedures with their school-age children, such as using booster seats and keeping children in the back seat. Suggest ways parents can communicate and stand by related family rules. (FACTS—Families Acting for Community Traffic Safety)

Research child abuse in the neighborhood or community. Produce and distribute “instant reminder cards” with helpful tips for how parents and other adults can keep from hurting children. List places parents can call if they need help. (Families First)

Develop a program that encourages parents to read with children. Provide learning activities the parents can use, and teach related lessons to elementary students. (Leaders at Work)

Present a talk that discusses positive parenting practices. (Power of One, “Take the Lead”)

Sponsor a family fun night and health fair for parents and young children. (STAR Events Focus on Children\*)

Prepare an exhibit about the effects of media violence on young children. Set it up at the local library. Suggest ways parents can monitor and respond to children's TV and media viewing. (STOP the Violence— Students Taking On Prevention)

\* Project ideas may not completely fulfill national STAR Events guidelines. They are provided as “thought provokers” to start members thinking about their own projects.