

Standard 1.0

Career, Community, and Family Connections

Integrate multiple life roles and responsibilities in family, work, and community settings.

Members might...

Create a flyer that invites young people to “Learn to Juggle.” Explain the need to integrate various roles in life. Research and list some skills people use to “juggle” roles. Invite peers to learn these skills by taking Family and Consumer Sciences classes and joining the FCCLA chapter. (Career Connection)

Provide child care while parents participate in school activities, volunteer efforts, social services appointments, or parenting seminars. (Community Service)

Teach peers to use problem-solving skills to balance individual, family, career, and school roles and responsibilities. Research the problem-solving process. Present related information in a Family and Consumer Sciences class. Lead peers through role-playing exercises. (Dynamic Leadership)

Assist local emergency response teams during a simulated traffic accident response drill. Involve other students so they learn the realities of traffic safety and become familiar with community roles and responsibilities. (FACTS—Families Acting for Community Traffic Safety)

Sponsor a “family volunteers” day. Encourage local families to spend the day working together on a community project of their choice. Hold a get-together at the end of the day to celebrate the variety of projects families undertake. (Families First)

Demonstrate transferable and employability skills by completing a Leaders at Work project.

Prepare to balance work and life tomorrow by practicing balance today. Analyze whether the amount of time and energy devoted to classes, homework, paid work, FCCLA, other organizations, volunteering, friends and family truly reflects personal priorities. (Remember: If you want to be able to have choices and do well in the future, you need to make school a top priority.) Create and use a three-week schedule that puts hour-by-hour activities more in line with personal priorities. Report on the results to a family member or the family and consumer sciences teacher. (Power of One, “A Better You”)

Develop a presentation that explains how a national FCCLA program helps young people develop the planning, goal-setting, problem-solving, decision-making, and interpersonal communication skills they need to target to prepare for career, community, and family roles. (STAR Events Skills for Life*)

Sponsor a community forum for youth violence prevention. Include everyone concerned about youth violence—students, parents, law enforcement officers, school personnel, community leaders, etc. (STOP the Violence—Students Taking On Prevention)

* Project ideas may not completely fulfill national STAR Events guidelines. They are provided as “thought provokers” to start members thinking about their own projects.