

**2018  
MISSOURI FCCLA FALL LEADERSHIP CONFERENCE  
“Launch Into Leadership”**

**SUNDAY, OCTOBER 21**

- 12:30 – 4:30 p.m.                   **Conference Registration (Lobby)**
- 3:00 – 9:00 p.m.                   **FCCLA Store (Lobby)**
- 4:30 – 5:30 p.m.                   **Opening General Session (Salon B/C)**
- 5:30 – 6:30 p.m.                   **Supper\* (Windgate Hall)**  
                                           Group 1: 5:30 – 6:00  
                                           Group 2: 5:40 – 6:10  
                                           Group 3: 5:50 – 6:20  
                                           Group 4: 6:00 – 6:30

<b>Student Workshop Grid</b>						
	Salon A	74/75/76/77	60/61	62/63/64	Parasol I	Parasol II
6:30 –7:00 p.m.	Would You Rather...Be A Leader?	Total Eclipse of the Mind	Creating A Compassion Culture	Shamrocks, Cupids and Goblins...Oh My!	Networking 101	Champion Mindset
7:15 –7:45 p.m.	5 Tools Every Chapter Officer Needs to Master to Lead	Fired Up about FACTS	Creating A Compassion Culture	Imagine!	Today is Your Day for an Awesome Resume	Social Media #GOALS

6:30 – 7:30 p.m.                   **Regional STAR Events Coordinator Training (Redbud)**

8:30 – 10:00 p.m.               **Glow Walk\*\* (Meet in Salon B/C)**

\*All groups will be released from the opening session at their allotted time slot. Please see your nametag for your group assignment. Please be respectful and go with your assigned group, and try to leave the dining area when finished or when your timeframe is up. This allows those who are coming in later a chance to sit down. You are more than welcome to visit in the lobby while you are waiting for the sessions to begin.

\*\*Participants will be released in groups from Salon B/C after a few announcements regarding this event. Participants are encouraged to bring additional glow items and have fun with this event. The dress code is casual, and should include tennis shoes.

## MONDAY, OCTOBER 22

\*\*Dress Code: Conference t-shirt with khaki/black pants/skirt and black shoes or conference attire as stated in the dress code\*\*

- 7:00 – 11:00 a.m.                    **FCCLA Store (Lobby)**
- 8:15 – 8:35 a.m.                    **Rise and Shine General Session (Salon A)**
- 9:00 – 10:30 a.m.                 **State FCCLA Update (Advisers Only) (Redbud)**

<b>Student Workshop Grid</b>						
	Salon A	Salon B	Salon C	62/63/64	Parasol I	Parasol II
8:45 – 9:15 a.m.	Breakthrough	The P's of Project Management	Digital Leadership	Serve the Cosmos	Top 10 in FCCLA	Saving Money, Honey
9:30 – 10:00 a.m.	Messages that Matter	Social Media #GOALS	Talk Fest	Houston, We Have A Problem	It's as Easy as 1, 2, 3,...ish	To Success, Infinity, and Beyond
10:15 – 10:45 a.m.	Pressed, Polished, and Professional	PLI ViewPoint- What's Your Style?	Mantastic	Guardians of the Galaxy	Leading Ladies	Out of This World Fundraisers
11:00 – 11:45 a.m.	5 Tools Every Chapter Officer Needs to Master to Lead	GOOOOAL!	Your Leadership Journey	Ready for Lift Off	Engage Me	To Success, Infinity, and Beyond

## Workshop Descriptions

6:30 – 7:00 p.m.

### **Leadership Session #1 (74/75/76/77)**

#### **“Total Eclipse of the Mind”**

*Just like astronauts have to train their bodies to go into space, we have to train our minds to face the unknown in life. Discover a new way of thinking by training your mind to believe that nothing is impossible as long as you put your mind to it.*

Abygail Ruether, VP of Elections and Seth Cupp, VP of Membership

### **Leadership Session #2 (60/61)**

#### **“Creating A Compassion Culture”**

*Learning how to see a need and meet a need in our daily lives. Leadership begins with our ability to serve when we notice the needs around us.*

Jody Glazner, The Dream Center

### **Leadership Session #3 (Salon A)**

#### **“Would You Rather...Be A Leader?”**

*Discover innovative ways to energize your chapter and members; build positive relationships with others and develop a network of fellow leaders focused on success. Leave this session with knowledge, skills and activities that will engage your members and provide the tools necessary to increase chapter membership, success and decision-making skills.*

Patrick Grady, TEAMTRI

### **Leadership Session #4 (Parasol I)**

#### **“Networking 101”**

*Bonjour, Hello, Hola, Guten Tag, Namaste, Salaam, Hei, Geia!, नमस्कार. Saying hello is the first step when it comes to networking. Building your connections and having a well-established network is the final step. Everyone has a different version of success; what's yours? Ashley Brinton will teach you everything you need to know to have a back pocket full of amazing networks.*

Ashley Brinton, TEAMTRI

### **Leadership Session #5 (Parsaol II)**

#### **“Champion Mindset”**

*Champions aren't born, they are made. So, what really separates the world's most successful people from the rest of the crowd? Join us for an interactive and motivational session to find out the number one secret to success in any competition!*

Erica Prosser, TEAMTRI

### **Leadership Session #6 (62/63/64)**

#### **“Shamrocks, Cupids and Goblins...Oh My!”**

*Shamrocks, Cupids, and Goblins...OH MY! is all about taking your chapter to the next level and branding your chapter, in order to make your organization a household name. Members will walk through a month-by-month plan of how to promote their organization.*

Chris Tuason, TEAMTRI

7:15 – 7:45 p.m.

### **Leadership Session #7 (74/75/76/77)**

#### **“Fired Up About FACTS”**

*This workshop concentrates on families acting for galactic...we mean...community traffic safety. As a group, you will create a FACTS project to help families promote basic safety attitudes that can last light years.*

Christen Brown, VP of Alumni & Associates and Jacqueline Martinez-Torres, VP of National Programs

**Leadership Session #8 (60/61) (repeat of session #2)**

**“Creating A Compassion Culture”**

*Learning how to see a need and meet a need in our daily lives. Leadership begins with our ability to serve when we notice the needs around us.*

Jody Glazner, The Dream Center

**Leadership Session #9 (Salon A)**

**“5 Tools Every Chapter Officer Needs to Master to Lead”**

*It’s time to build a structure for leadership! The strongest structures, whether it’s a house, or a skyscraper, always start with a strong foundation. With these five tools from your leadership toolbox, you will have what you need to construct a leadership tower of success!*

Patrick Grady, TEAMTRI

**Leadership Session #10 (Parasol I)**

**“Today Is Your Day For An Awesome Resume”**

*Congratulations, you’re a member FCCLA! Learn how to effectively add this amazing organization to your resume. This session will showcase key elements of building a powerful resume that leads to awesome opportunities.*

Ashley Brinton, TEAMTRI

**Leadership Session #11 (Parasol II)**

**“Social Media #GOALS”**

*Twitter, Instagram, Facebook, oh my! So many options, so little time. How do you know which one to use and when? Discover how to create an engaging, shareable social media post on the correct platform to make the biggest impact. Bonus...edit your photos like a pro with these awesome photo editing tips too!*

Erica Prosser, TEAMTRI

**Leadership Session #12 (62/63/64)**

**“Imagine!”**

*Unlock the doors of your imagination and innovate the world around you! Create a habit of believing in yourself and others and how to collaborate for the greater good. Find freedom from fear by looking at it in a whole new light. Great leaders risk failure and do what it takes to reach the stars anyway!*

*Imagine...Believe...Do!!*

Chris Tuason, TEAMTRI

8:45 – 9:15 a.m.

**Leadership Session #13 (62/63/64)**

**“Serve the Cosmos”**

*We all want to make a positive impact on the world – this is where you start. Come and learn about National FCCLA community service efforts and the three steps to serving others, and get a chance to participate in an on-site project for the dream center!*

Maycie Mayfield, VP of Development and Jessi O’Neill, 1<sup>st</sup> VP

**Leadership Session #14 (Parasol II)**

**“Saving Money, Honey”**

*Play around with \$40,000 in this interactive workshop! Experience a fun way to talk about real life financial scenarios and better understand money management. By the end, you’ll be able to relate the game back to how you can tackle Financial Fitness projects at your school.*

Christen Brown, VP of Alumni & Associates and Jacqueline Martinez-Torres, VP of National Programs

**Leadership Session #15 (Salon A)**

**“Breakthrough”**

*Breakthrough the wall of superficial conversations and relationships. Create an awareness of one’s self and others around you as you dive deeper into authentic leadership. Practice using the tools and find commonalities between one another that may help to create, strengthen and build close personal relationships. Gain deeper mutual insights between family, friends or acquaintances. “Breakthrough” to see what lies ahead for you!*

Patrick Grady, TEAMTRI

**Leadership Session #16 (Parasol I)**

**“Top 10 in FCCLA”**

*The opportunities in FCCLA are endless! We know we can’t do EVERYTHING this amazing organization has to offer, so what are the top 10 must do things to do in FCCLA? Learn how you can make the most of your FCCLA experience from a past FCCLA member and National Officer.*

Ashley Brinton, TEAMTRI

**Leadership Session #17 (Salon B)**

**“The P’s of Project Management”**

*Have you ever been assigned a group project only to end up doing all the work yourself? It’s the worst! Join in to learn how to keep your project on track and hold team members accountable. You’ll leave this session with all the tools you need to become an EPIC project manager.*

Erica Prosser, TEAMTRI

**Leadership Session #18 (Salon C)**

**“Digital Leadership”**

*In today’s digital world, there is an increased need for technically advanced leaders who can transmit their leadership through circuit boards and Wi-Fi hotspots. How can we, as future business leaders, prepare to lead in a digital and virtual world? Find out the techniques and strategies to amplify your leadership through effective written e-communication, the best mobile apps, and next level approaches to leading in the digital world.*

Chris Tuason, TEAMTRI

9:30 – 10:00 a.m.

**Leadership Session #19 (62/63/64)**

**“Houston, We Have a Problem”**

*Don’t let “galaxy monsters” steal your light. Be the shining star your school and our world needs. This workshop will equip and empower you with the attitudes, skills, and resources to recognize, report, and reduce youth violence.*

Zac Acheson, VP of STAR Events and Myranda McVay, State President

**Leadership Session #20 (Parasol II)**

**“To Success, Infinity, and Beyond”**

*Gets members fired up about Career Connections with hands-on learning about the program and personalized career cluster paths.*

Emily Pickett, VP of State Programs and Kennedy Galanakis, VP of Community Service

**Leadership Session #21 (Salon A)**

**“Messages that Matter”**

*To tell your FCCLA Story, you’ll need to write your FCCLA Story. With a trusty storytelling guide, learn how to create and build messages that matter, so that you can communicate in a powerful and impactful way!*

Patrick Grady, TEAMTRI

**Leadership Session #22 (Parasol I)**

**“It’s As Easy As: 1, 2, 3...ish: Personal Challenges and Fulfilling Our Everlasting Awesomeness”**

*Life requires us to be problem solvers. Success requires us to be dreamers. Ashley Brinton is both a dreamer and a problem solver. While we all have felt fear and failure, Ashley Brinton is here to help you stand up again and keep moving forward. In this workshop, you will gain confidence, learn from mistakes, and discover how to use personal challenges for everlasting success, or as Ashley calls it: AWESOMENESS!*

Ashley Brinton, TEAMTRI

**Leadership Session #23 (Salon B) (Repeat of session #11)**

**“Social Media #GOALS”**

*Twitter, Instagram, Facebook, oh my! So many options, so little time. How do you know which one to use and when? Discover how to create an engaging, shareable social media post on the correct platform to make the biggest impact. Bonus...edit your photos like a pro with these awesome photo editing tips too!*

Erica Prosser, TEAMTRI

**Leadership Session #24 (Salon C)**

**“Talk Fest”**

*The speak-off is on! Clear your throat and practice your pitch, because in this session, you’ll refine your speaking skills by facing off against the competition in the room! Don’t worry, nobody will be perfect, but this is your chance to have some fun and put your speaking skills to the test against your peers!*

Chris Tuason, TEAMTRI

10:15 – 10:45 a.m.

**Leadership Session #25 (62/63/64)**

**“Guardians of the Galaxy”**

*We’re all in this together, so let’s watch out for one another. Learn simple strategies and techniques to help prevent teen suicide.*

Abygail Ruether, VP of Elections and Seth Cupp, VP of Membership

**Leadership Session #26 (Parasol II)**

**“Out of This World Fundraisers”**

*Tired of hosting the same boring fundraiser? Attend this interactive workshop and explore creative fundraiser ideas or maybe even dream up your own!*

Maycie Mayfield, VP of Development and Jessi O’Neill, 1<sup>st</sup> VP

**Leadership Session #27 (Salon A)**

**“Pressed, Polished and Professional”**

*In a business setting, your actions are like a giant billboard advertising your professionalism. What is your billboard saying about you? In this session, you’ll learn how to make sure that you’re advertising your professional etiquette skills to everyone you meet, from handshakes to business cards!*

Patrick Grady, TEAMTRI

**Leadership Session #28 (Parasol I)**

**“Leading Ladies”**

*Being a successful woman in the 21st Century takes confidence, persistence, and intelligence...just to name a few! Join our female trainers to hear from their personal experiences and explore what it takes to be a powerful female leader in the world today.*

Ashley Brinton, TEAMTRI

**Leadership Session #28 (Salon B)**

**“PLI ViewPoint – What’s Your Style?”**

*Leaders need to know themselves to lead themselves – so get to know you and the people around you! Are you an Actor, Director, Manager or Writer? Find out as you take an interactive look at your leadership style. This hands-on, interpretation of your leadership style will help you understand how you can best use your leadership style to effect positive change and leadership in your organization.*

Erica Prosser, TEAMTRI

**Leadership Session #30 (Salon C)**

**“Mantastic”**

*This session is for the guys! It takes more skill than ever to be successful as a man in the 21st century workforce. In this session, we'll explore how the modern man can make the most of his opportunities and how he can look good doing it!*

Chris Tuason, TEAMTRI

11:00 – 11:45 a.m.

**Leadership Session #31 (62/63/64)**

**“Ready for Lift Off”**

*Great leaders are also great communicators. Launch your communication skills to the next level by learning how to communicate your opinions, stories, and ideas effectively and skillfully.*

Zac Acheson, VP of STAR Events and Myranda McVay, State President

**Leadership Session #32 (Parasol II) (repeat of session #20)**

**“To Success, Infinity, and Beyond”**

*Gets members fired up about Career Connections with hands-on learning about the program and personalized career cluster paths.*

Emily Pickett, VP of State Programs and Kennedy Galanakis, VP of Community Service

**Leadership Session #33 (Salon A) (Repeat of session #9)**

**“5 Tools Every Chapter Officer Needs to Master to Lead”**

*It's time to build a structure for leadership! The strongest structures, whether it's a house, or a skyscraper, always start with a strong foundation. With these five tools from your leadership toolbox, you will have what you need to construct a leadership tower of success!*

Patrick Grady, TEAMTRI

**Leadership Session #34 (Parasol I)**

**“Engage Me”**

*Are you that student who just wants to hangout and not learn anymore leadership tips and tricks? Are you ready for games, fun, and laughing? In this fast-paced workshop, we will blaze through an entire spectrum of low, intermediate, and high commitment level activities. Although it will feel like fun, fun, and more fun – you will walk away knowing that everything we do in life has a purpose and everything is related to leadership.*

Ashley Brinton, TEAMTRI

**Leadership Session #35 (Salon B)**

**“GOOOOAL!!”**

*Every day you have just 24 hours to strive to achieve your goals – all while going to school, finishing homework, working to make money, hanging out with friends, and hopefully sleeping a few hours in between. How do you manage all of the tasks on your to-do list while still making progress toward your goals? In this session, we'll share some of the best strategies for managing your time and ensuring that your life is productive, fulfilling – and fun!*

Erica Prosser, TEAMTRI

**Leadership Session #36 (Salon C)**

**“Your Leadership Journey”**

*Life is a journey! It's taking the time to stop and be intentional to find the leadership lessons along life's journey. Follow the map as your trainer walks through their leadership journey and the key moments that defined them. Then chart your own course and discover what it takes for Your Leadership Journey to begin.*

Chris Tuason, TEAMTRI